

# Novel Coronavirus Disease (#COVID-19)

## Public Queries: General Precautions & Disposal of Masks / Gloves



**Query:** What general precaution should be taken to control the exposure of COVID-19?

- You should avoid touching your eyes, nose, mouth with unwashed hands.
- Use home-made mask, if going out to avoid infection from a non-symptomatic person.
- Use household disinfectant to wipe down commonly touched surfaces at home.



**Query:** Do I need extra precaution to dispose off used masks, gloves, or tissue?

- These can be disposed off as routine household waste.
- Masks and disposable tissues can be sent to municipal landfill site unless specified by local authorities.

**Query:** Do I need to wear any personal protective equipment, e.g., mask or gloves at home?

- If you are healthy, a mask is not needed at home.
- If you sneeze or cough, use your shoulder/arm to cover or use a tissue.



**Query:** What extra precaution should be taken when handling my household waste to waste collectors?

- Maintain a respectful distance of 1 meter.
- Keep masks/gloves in separate bags & hand over to waste collector & specify.
- Follow hygiene practices after emptying waste containers.

**Query:** How should I wash my hands at home?

- Wash your hands with soap & water for at least 20 seconds, as this is the best practice.
- If water and soap are not available, use alcohol-based hand sanitizer having 60% alcohol.



**Query:** What do I need to do first when I reach home from outside?

- Before meeting your family: Change your clothes.
- Put off shoes.
- Wash your hands first with soap & water for 20 seconds.



**Query:** How can we disinfect surfaces & clothes to avoid COVID-19 infection?

- Coronavirus can be easily killed by household detergents & disinfectants.
- Clothes can be washed with detergent at normal temperature.



**Query:** If I have a cough or cold, do my clothes need to be washed separately from other family members?

- Not needed, however, if you feel a need, you can wash separately and can use any common household disinfectant (1% Hypochlorite).